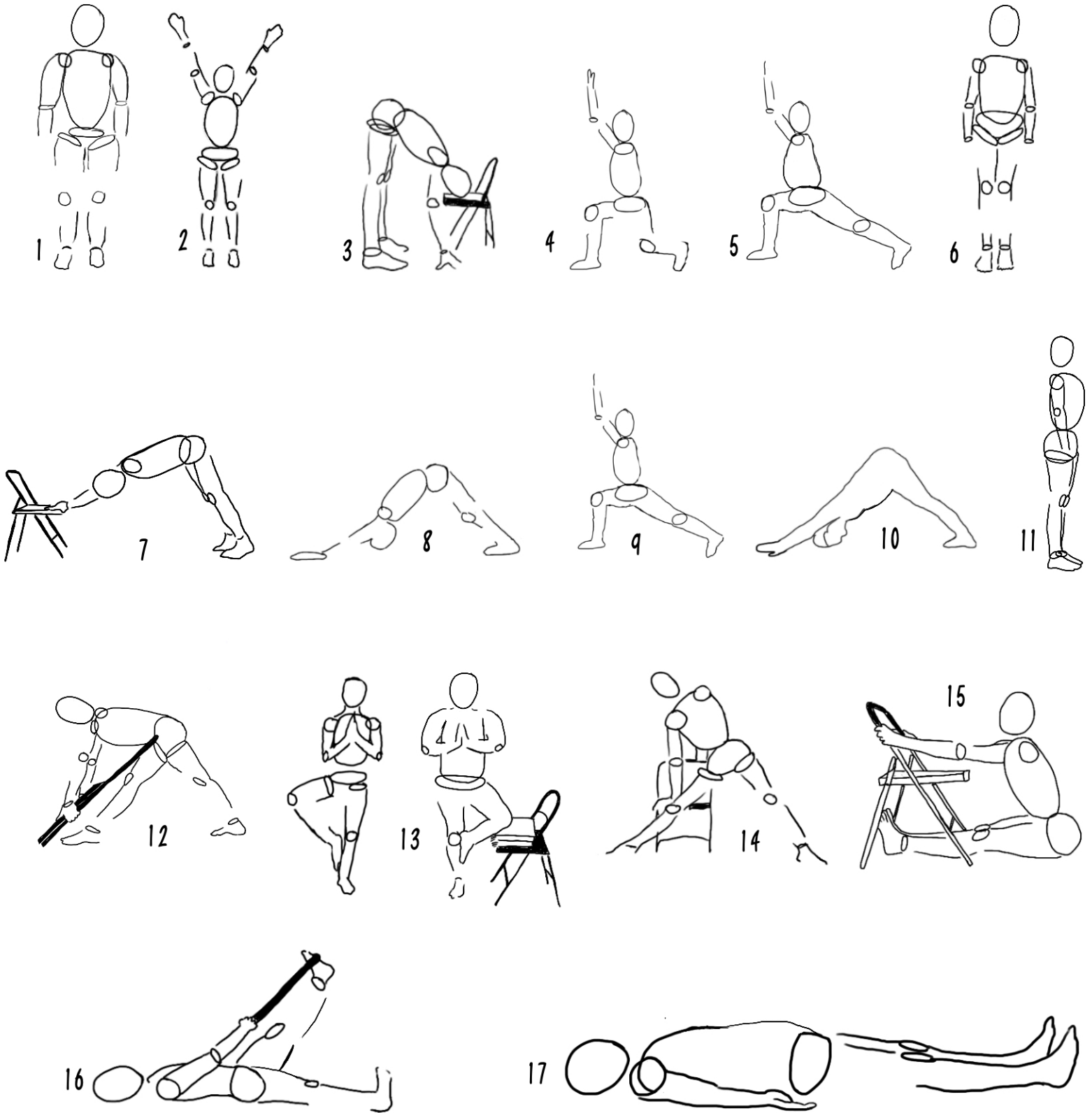


# Move it with Jocela Mae



Accessible BodyNeutral YogaJoy



**CRAWFORD  
WELLNESS**  
Acupuncture • Herbs • Yoga

Artwork by Jocela Mae

Yogawithjocela@gmail.com